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THE Ham Laker

Published by the City of Ham Lake, Minnesota

October 2021 ~ Volume 36, No. 10

Ham Lake Brewfest

Saturday, October 9

Come for the brews, stay for the band! The Ham Lake Chamber of Commerce is excited to offer this new community event.

The first annual Ham Lake Brewfest will be held on Saturday, October 9th from 4:00-10:00 pm at the Ham Lake Lanes patio. Brewfest will be a great way to socialize with your neighbors, play some yard games and give a hearty salute to the beginnings of fall.

Brewfest will feature a variety of breweries serving samples of beer and cider from 4:00-7:00 pm. There will be food trucks outside the gate as well as delicious eats inside the Lanes available for purchase.

Following the sampling event, country music band Anderson Daniels will perform live, with an opening performance by acoustic guitarist, Carson Beyer.

Tickets and additional information are available at: *www.hamlakeareacc.org/brewfest*. Thank you to our chamber member Vocate for sponsoring this event!

Shake Your Mailbox Day

October 9

It's time to give your mailbox a shake!

If your mailbox moves when it's shaken, it could be knocked over by snow thrown off the road by a passing snow-plow. Mailboxes can be especially vulnerable to damage from snow removal operations. Taking time to tighten screws and secure mailboxes now can help prevent damage later.

To be properly placed, a mailbox should be installed so its bottom edge is 41-45 inches above the street level with the post 36 inches back from the curb. That amount of clearance is needed to keep the plow's wing from hitting the mailbox.

If there are any plastic newspaper tubes attached to the mailbox, they must be above the 41-inch height requirement.

A mailbox's post should be securely in the ground. If it wobbles, the base may be rotten. If mailboxes are not installed with the clearance mentioned above, the responsibility for repairing the damage lies with the homeowner, not the City of Ham Lake Public Works Department.

The Public Works Department assumes liability for mailboxes damaged by City equipment while plowing on City streets only (Anoka County plows all County roads).

If it's determined the plow made direct contact with a mailbox that was properly placed, the Public Works Department will replace it with a swinging or swing-away post system designed to minimize the risk of damage from snowplows.

Mailboxes damaged by the sheer force of ice and snow thrown from the plows will not be replaced.

Reminder: Ham Lake Fire Department Open House

Sunday, October 3

Join us for an Open House at both Ham Lake Fire Stations on Sunday, October 3rd from 11:00 am to 1:00 pm.

- Visit with our firefighters
- Tour a fire truck
- Learn the Sound of Fire Safety

Come get a free hot dog and cookie, as well as other give-aways. Fire Station #1 is at 15544 Central Ave NE and Fire Station #2 is at 17321 Xylite St NE.

Halloween Recycling Tips

Whether you're throwing a costume party or taking kids trick-or-treating, these simple guidelines will make this year's Halloween eco-friendly:

Hosting a Party?

Set up separate, labeled containers for recycling cans, bottles and food alongside your waste for easy disposal. Keep your recyclables loose and make sure they're free of food and liquid.

Jack-o-Lanterns

Whether whole or carved into jack-o-lanterns, pumpkins can be disposed of in our organic recycling container. (There's an organic recycling container at Ham Lake City Hall.)

Candy Wrappers

Candy wrappers may feel like plastic, but they aren't recyclable. Unwrapped candy can be disposed of with your organic recycling. Material smaller than a credit card can't be recycled. Add these to your standard waste.

Costumes

Fabric costumes and latex masks can be reused or donated, but not recycled. Donate old costumes to a local thrift store or use as a dress-up costume for kids.

To Sum Up

THROW AWAY
Halloween toys • Decorations • Candy wrappers • Costumes • Makeup

RECYCLE
Plastic bottles • Soda cans • Cardboard

COMPOST
Pumpkins • Party food • Unwrapped candy

Ham Lake's Winter Parking Rules

Remember, from October 1st through April 30th, no parking is allowed on Ham Lake streets between the hours of midnight and 6:00 am.

In addition, no parking is allowed in the daytime hours during or after a two-inch snowstorm or until the streets are plowed after the snowfall.

Articles and photos that appear in The Ham Laker, together with other useful information about the City, can be found on the City's website: *www.ci.ham-lake.mn.us*

Ham Lake City Council News

At its **August 16, 2021** meeting the City Council took the following actions:

Approved items on the Consent Agenda included:

- Proclamation proclaiming September 17-23 as Constitution Week
- Resolution No. 21-27 requesting an advancement of MSA Funds
- Costs associated with flashing signage be paid by Da Vinci Academy, which will require an agreement between the City and Da Vinci, and a Joint Powers Agreement (JPA) between the City and Anoka County

• Approved the Preliminary Plat, lot line adjustment and rezoning to CD-2 (Commercial Development II) of the plat of Creekside Farms, a 9-lot Commercial Development located in Sections 7 & 8, as presented by Jesse Osborne subject to requirements.

At its **September 7, 2021** meeting the City Council took the following actions:

Approved items on the Consent Agenda included:

- Ordinance No. 21-07 rezoning of Holiday Station Store Ham Lake Development
- Ordinance No. 21-08 rezoning Creekside Farms
- Resolution No. 21-28 designating polling sites for the 2022 Elections
- Resolution No. 21-29 requesting the use of Anoka County Housing and Redevelopment Authority (HRA) funds to construct Crosstown Business Park on the east side of Highway 65 NE and South of Crosstown Boulevard NE
- Compensation Plan Adjustment
- 2022 Law Enforcement Contract with the Anoka County Sheriff's Office
- Services contract with CMT Janitorial Services for janitorial services for City Buildings

• Approved the Special Home Occupation Permit as requested by Joseph P. Toupal to operate Great Northern Engraving at 14954 Naples Street NE, subject to requirements.

• Approved Conditional Use Permit requested by Xiao Xin Qu of A Massage, to practice massage therapy at 1444 147th Avenue NE, Suite 250, subject to requirements.

• Resolution No. 21-30 approving the proposed 2022 budget and the proposed 2021 levy for payable in 2022

• Resolution No. 21-31 regarding COVID Guidance

The Ham Lake City Council and Economic Development Authority met for a special meeting on **August 24, 2021** took the following actions:

Approved items on the Consent Agenda included:

- Ordinance No. 21-05 rezoning Evergreen Estates
- Outdoor Lighting and Maintenance Energy Agreement for street lights in Evergreen Estates
- Painting, netting and fencing quotes for the tennis courts at Lion's Park

• Approved Preliminary Plat and Final Plat of the Planned Unit Development of the Holiday Station Store Ham Lake Development in Section 5 as presented by Holiday Stationstores LLC subject to requirements.

• Approved the Commercial Site Plan to construct a 7,108 square foot convenience store and car wash at 1442 Crosstown Boulevard NE (Lot 1, Block 1, Holiday Station Store Ham Lake Development).

• Approved the Final Plat of Evergreen Estates in Section 21 as presented by Evergreen Development Company LLC subject to requirements.

Visit the City's website to view Council and Planning meeting videos on-demand and agenda minutes of City Council and Planning Commission: www.ci.ham-lake.mn.us.

Sheriff's Report

Thefts & Damage to Property

08.10 157xx Central Ave NE—scrap metal was being stolen out of a dumpster; suspect identified

08.17 7xx Bunker Lake Blvd NE—golf cart stolen from the golf course

08.17 33xx Bunker Lake Blvd NE—tailgate on vehicle appeared to be damaged from a pry bar

08.19 155xx Central Ave NE—license plate stolen off a vehicle

08.20 22xx Crosstown Blvd NE—vehicle rims stolen

08.20 32xx Interlachen Dr NE—theft from unlocked vehicle overnight; wallet, garage door opener stolen

08.20 1xx 178 Ave NE—theft from unlocked vehicle overnight; cooler stolen

08.21 13xx McKay Dr NE—license plate stolen off vehicle

08.22 176xx Central Ave NE—back window on vehicle smashed; duffle bag stolen

08.23 168xx Hwy 65 NE—Sea-doo and trailer stolen from storage lot

08.25 21xx Soderville Dr NE—theft from unlocked vehicle; knives and change stolen

08.26 168xx Hwy 65 NE—catalytic converter cut from an RV stored at the location

08.30 15xx 134 Ave NE—catalytic converter cut off a work vehicle at the location

09.01 25xx 170 Ave NE—theft from an unlocked vehicle; Google tablet stolen

Arrests

08.06 18xx 153 Ave NE—Warrant Arrest; vehicle in a park after hours. The deputy located a male and female; when they were identified, the female had a warrant and was arrested.

08.07 Hwy 65/Constance Blvd NE—Warrant Arrest; a deputy stopped a truck for having a taillight out. The driver was identified and found to have a warrant. He was arrested.

08.15 Lexington/Lever St NE—Criminal Vehicular Operation; personal injury crash, a male trapped inside the vehicle, another man hurt outside. Charges are pending.

08.17 Bunker/Hwy 65 NE—False Information; vehicle stopped for reckless driving. The driver lied about his identity because he didn't have a driver's license. His identity was discovered, and he was arrested.

8.19 133xx London St NE—Domestic Assault; a male out of control at the location. It was determined the male had assaulted numerous family members. He was arrested.

08.20 154xx Hwy 65 NE—Assault; a male and female physically fighting. The male appeared intoxicated and was arrested.

08.21 155xx/Lexington Ave NE—Warrant Arrest; a suspicious vehicle parked illegally. Two people came and said it was theirs. The people were identified and one was found to have a warrant out of Hennepin County for burglary. He was arrested.

08.30 147xx/Quamba St NE—Warrant, Traffic; a vehicle failed to signal a turn. The driver was identified and found to have a warrant and no driver's license. He was arrested.

Tree Trimming in the City's Right-of-Way

Boulevard trees are trees that are located in the City's Right-of-Way.

Tree trimming maintenance is generally done in the fall, winter or spring as weather permits. The main objective is to remove low-hanging or broken branches and sightline obstructions that either are or could be a problem in the future.

Tree removal is generally assigned through the Public Works Department.

Yard Waste Collection Ending

The dumpster to collect yard waste will be in place through Friday, November 5th. The dumpster will then be removed through the winter season and returned in the spring, provided funding is available to support the program.

Yard waste items can be taken to Bunker Hills Compost Site in Coon Rapids or Rice Creek Chain of Lakes Compost Site in Lino Lakes when the dumpster isn't available at City Hall.

For more information on fees, maps, hours of operation and examples of acceptable materials, go to *www.anokacounty.us/359/Compost-Sites* or call Anoka County Recycling & Resource Solutions at 763-324-3400.

November Issue Deadline: Wednesday, October 13

Please send all Ham Laker correspondence, articles and ideas to:

City of Ham Lake
15544 Central Ave NE
Ham Lake, MN 55304

Email: *HamLaker@ci.ham-lake.mn.us*

For advertising information please contact City Hall at 763-434-9555

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What's Happening at the Senior Center

Open Monday-Thursday 8:00 am - 3:30 pm
15544 Central Ave NE in Ham Lake
763-434-0455

THE SENIOR CENTER HAS RE-OPENED for all activities and meals on Mondays and Wednesdays. Please spread the word to everyone as some people didn't renew their membership last year and may not be getting the newsletter!

Senior Dining on Mondays and Wednesdays each week at noon. **Reservations are needed!** Cost is $5 for those 55+ and $8 for younger than 55.

Senior Center Activities include fitness class, cribbage, wood carving, Bingo, 500 cards, Hand & Foot cards and Dominoes. Watch for upcoming trips to the Casino (open to the public), Jam Sessions during the day and evening (open to the public), health insurance counseling, scheduled shopping trips for those who need transportation, free blood pressure checks and a birthday lunch.

Call the Senior Center at 763-434-0455 for dates, times and details of events.

DEFENSIVE DRIVING COURSES for 2021 are now being held by MHSRC (Minnesota Highway Safety Research Center) for those 55 and older. Registration is required.

Call 1-888-234-1294 for information about available classes and to register.

4-Hour Refresher Course: You need to take this every three years. Time flies, so make sure you are current! The fee is $22 for the 4-hour class.

• Friday, October 15th 11:00 am - 3:00 pm (in-person)

8-Hour Refresher Course: Required for first timers. The fee is $26 for the 8-hour class. *None are scheduled at this time.*

Did you know? If you're 55 years or older, state law requires your insurance company to give you a 10% discount after taking an 8-hour Defensive Driving Course and attending a 4-hour refresher course every three years.

Fire Prevention Week: October 3-9

LOOK for places a fire could start. Take a good look around your home. Identify potential fire hazards and take care of them.

Cooking is the leading cause of home fires and home fire injuries. Stay in the kitchen when you are frying, boiling, or grilling food.

Heating equipment is one of the leading causes of home fires during the winter months. Space heaters are most often involved. Heaters need space. Clear at least a 3 feet around heating equipment and keep children out of this area. Use only portable space heaters listed by a qualified testing laboratory.

LISTEN for the sound of the smoke alarm. Larger homes, open layouts, and new construction materials mean fires burn faster. Years ago, you had about 17 minutes to get out of the house once it caught fire. Today you have three or four minutes to escape.

LEARN two ways out of every room and make sure all doors and windows leading outside open easily and are free of clutter.

Information provided by NFPA: National Fire Protection Association. For more information about fire safety visit their website: www.nfpa.org.

Adventure is Calling: Join Scouts!

Is your son or daughter interested in outdoor adventures and learning new things?

Parents of boys and girls in grades K through 12, or up to age 20, are encouraged to sign up their kids for scouting with the Boy Scouts of America.

The Cub Scout program for grades K-5 is designed to be full of hands-on activities that are focused on the outdoors, citizenship training, character development and personal fitness. Youth must be at least five years old and have started kindergarten to register.

Join right away online at *JoinCubs.org* or attend a meeting to see what it's all about!

For youth ages 11-20, please go to the website: *AdventureisCalling.org* for more information. Programs available for older youth include: Scouts BSA (troops), Venturing, Sea Scouts and Exploring.

You can also call 612-261-2300 for more information. For a Ham Lake connection, contact District Membership Committee Member, Jody Kimball, at 612-483-3452 or email *Jodyk2001@aol.com*.

Hole-in-One Hall of Fame

The following golfer at Majestic Oaks Golf Club got a hole-on-one recently:

• Wyatt Wasko from Lake Elmo • 136 yards on the Signature Course #8 with a pitching wedge

Fire Department Calls

The Ham Lake Fire Department responded to 39 calls during the month of August: 18 during the day and 21 at night. These included 6 structure calls (2 fire alarms, 1 gas odor, 2 CO alarms, 1 house fire), 7 rescue calls, 12 medical calls, 2 wildland call, 5 mutual aid calls, and 6 misc. calls. The department spent 23 hours on calls with total personal time adding up to 278 hours. Year-to-date, the department has answered 257 calls, compared with 321 calls at the same time last year.

August Building Permits

The City of Ham Lake issued 136 permits in August with a valuation of $1,798,564.00.

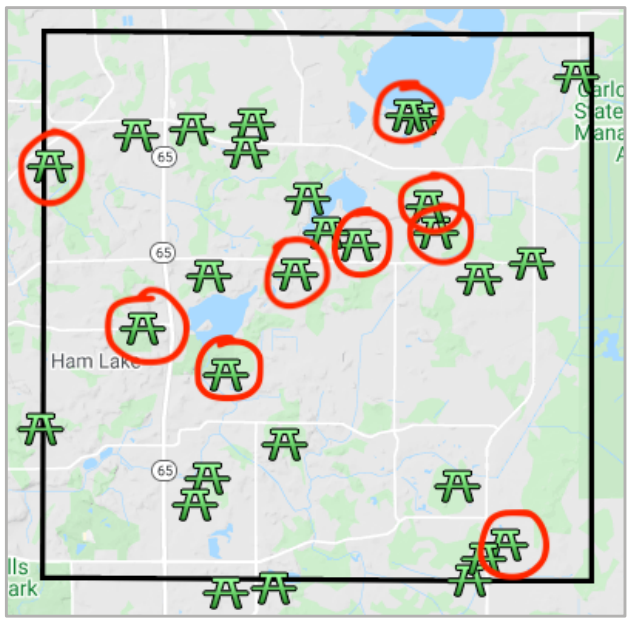
The issued permits are as follows: three commercial remodel, three residential new construction, one residential remodel, three residential basement finish, one residential garage addition, seven residential accessory building, eight deck, four pool, one residential miscellaneous, and 29 roofing and/or siding. Other permits include 49 mechanical, 16 plumbing and 11 septic installations.

2021 Improvements in Ham Lake City Parks

The 2021 season saw improvements to many of the parks in Ham Lake:

- Lions Park—The tennis courts received a facelift, including new asphalt. Half the original tennis court area will be pickle ball courts. This project is scheduled to be completed this fall. Lions Park also received new dugout covers at the ball fields. The skate park is due to be resurfaced this fall.
- Ham Lake Park—Has new dugout covers at the ball fields. The asphalt was removed at the hockey rink and was replaced with gravel. This will ensure better ice on the rink.
- Red Fox Hollow—Has a brand new playground set.
- Basketball pads are due to be installed at Fox Run Park, Pingers Plaza and Eagle Ridge Estates. The current pad at Hiawatha Beach Park is scheduled to be re-paved yet this fall.
- Grant Park—Now has steel goal posts/soccer goals.
- Constance Estates Park—Playground equipment installation was finished (begun last year).

For an interactive map of Ham Lake's parks go to: *www.ci.ham-lake.mn.us/?q=community/parks*.



The circled parks in Ham Lake received upgrades or new additions during the 2021 season.

Grant Park is one of several Ham Lake parks that received upgrades this season.

Business Spotlight: Anytime Fitness Ham Lake

Anytime Fitness Ham Lake is a locally-owned gym that helps its members incorporate fitness as a life-long journey.

The gym is owned by Brenda and Tim Jewell. They and their staff are committed to helping their members get the best gym experience possible.

"Anytime Fitness Ham Lake is all about the member experience. We help our members find their "why"—why they want to work out, their main goal—and we help them achieve that. As they work toward that goal, other goals often come to mind and we help them keep going," said Brenda.

There are several types of memberships available. The basic plan is for those who aren't interested in a class or coach, but simply wants a safe, friendly, low-key environment to work out in as often as they want.

Every new member gets a free fitness consultation and movement assessment with one of the coaches. This is to be sure each person is comfortable on the equipment and that they're using it correctly.

Everyone also gets an in-body scan. This tells what someone's daily calorie count should be based on their age, height and weight. It indicates how much protein they should be eating. It shows if they have imbalances between their right and left or upper and lower body. Ongoing, it's a great indicator whether their workouts are helping them achieve their goals.

The next step up is an Accountability Membership. This includes a monthly workout and a new program called MyZone, a heart rate monitor. The staff will help members make sure their workouts stay in a safe heart range while they get the best results. At this level, members will receive frequent contacts with the gym staff as well as opportunities for challenges among each other.

Finally, members can add personal coaching to their plan if they're goals are to go beyond what they're able to do on their own, or need that extra level of motivation. Group coaching is a small group with one coach, up to four times a week. There's also one-on-one coaching or two-on-one coaching, if a couple people want to train together with a coach, up to three times a week.

Brenda feels that, "Our caring and connecting sets us apart. We go out of our way to get to know our members on a first name basis. We want to find out what makes them tick, and then hopefully we get their permission to help keep them motivated when the motivation falls off."

Anytime Fitness Ham Lake's ideal member is someone who knows they don't know everything and will accept instruction. Their certified coaches specialize in helping people push past their plateaus according to a personalized fitness plan.

The gym intentionally keeps their numbers small for a couple reasons. First, it stays more personal with the family/community atmosphere they want to foster. Second, members know that whenever they go in to work out, there will be room for them.

The staff of Anytime Fitness Ham Lake

There's one more service Anytime Fitness Ham Lake offers its members: They can enhance their golf game.

Golf season is winding down here in Minnesota but in the off-season they have something for you to focus on to prepare your game for the next season, when it's time to get back on the course.

Brenda shares, "Don't wait until spring to focus on your golf fitness. The off-season is the 'par-fect' time! Coach Cherie is certified in golf fitness through Titleist Performance Institute. She can create a program that will focus on fitness areas of opportunity to enhance your game and overall fitness!"

Anytime Fitness is offering a New Members Special through the end of October. Sign on for just $1. The gym is located at 1460 133rd Lane NE, in the same building as Jam Hops, just a block east of Highway 65.

For information email *hamlake@anytimefitness.com* or call 763-413-9348. You'll find their website at: *www.anytimefitness.com/gyms/7/ham-lake-mn-55304*.

Community Calendar

October 4: City Council mtg, City Hall 6:00 pm
October 11: Planning Commission mtg, City Hall 6:00 pm
October 13: *The Ham Laker* ads and articles deadline for the November issue
October 18: City Council mtg, City Hall 6:00 pm
October 25: Planning Commission mtg, City Hall 6:00 pm

OCTOBER 2021

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17	18	19	20	21	22	23
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